## **AMENDMENTS TO THE ABSTRACT:**

Please amend page 10, paragraph 2, to read as follows:

## **ABSTRACT OF THE DISCLOSURE**

A recessed lighting fixture with a device for quickly mounting or dismounting the lamp is disclosed. The device comprises an annular body having a front edge defining an aperture with dimensions generally greater than the diameter of the lamp. Flexible retaining members extend radially from the front edge at the aperture, suitable for holding the body at the lamp laterally. At least a pair of radial projections extend internally from the edge and define a span having a width generally smaller than the diameter of the lamp, such that the edge rests against the radial projections and is [forced] biased against them by the flexible retaining members.